

TABERNA

LA CARMENCITA

1854

Step right up!

Taberna La Carmencita, the second oldest tavern in Madrid, welcomes you once again. We've opened our doors to bring back the spirit of the traditional neighborhood eatery it was back in 1854. We want you to feel at home and make sure you always have something tasty to eat. Help us bring back delights from Madrid's heritage such as vermouth, contemporary lunches, high mountain-style casseroles, organic veal, fish from Santander's fish market and free-range eggs with perfectly round yolks that taste just like they did in the old days.

La Carmencita welcomes locals and outsiders alike with more than 75 traditional Spanish recipes such as slow-cooked organic beef shank chunks from the Cantabrian cooperative Siete Valles de Montaña. You are always welcome to join us for a late-night bite of monkfish fingers or organic lamb chops after your soirée.

Libertad: the street where freedom reigns

I live on number 16 calle de la Libertad. Through my French windows I've seen revolutions take place, neighbourhoods blossom, and I've read the poems of the Generation of '27. I've closed my large wooden doors to give refuge to freethinkers. In 2013 I recaptured the spirit of the traditional casa de comidas of yore that feeds the body and soul at any time of day. I'm the most traditional tavern in Madrid and the second oldest, and if there's something I've learned in these 150 years it's that there's nothing that Madrilians love more than drinking and dining under the moonlight. La Carmencita is the perfect place to write poetry, perhaps an ode to the onion or to tomatoes (lullabies are nothing new). I was the favourite watering hole of Pablo Neruda, Rafael Alberti, Vicente Aleixandre and Miguel Hernández, and I want to continue to serve poets, artists and writers. Here, you can be free.

  @tabernalacarmencita

tabernalacarmencita.es
T. 91 531 09 11

Calle de La Libertad 16,
Madrid (Chueca)

Cold starters

ANCHOAS DEL CANTÁBRICO anchovies from Santoña and Laredo 19

ENSALADILLA IMPERIAL La Carmencita, 1856 edition 17

ENTREMESES FRÍOS A dish with the three previous starters 25

SOLOMILLO DE TOMATE pink tomato with olive virgin oil 18

GAZPACHO Spanish cold tomato soup with bio cucumber 17

ENSALADA MADRILEÑA DE 12 COSAS: lettuce, tomato, boiled potato, baby radish, boiled organic egg, olives, organic vegetables, Pasiego cheese fritter, fresh cheese, and honey&mustard vinaigrette 23

3 CHEESE TASTING: sheep, goat and cow milk, from Zamora, Córdoba and Galicia 17 | half 10

Hot starters

CROQUETAS DE CHISTORRA organic chistorra croquettes 17

RABAS DE SANTANDER deep fried calamari with organic flour 22

TAQUITOS DE QUESO organic deep fried breaded “pasiego” cheese cube 20

ENTREMESES CALIENTES A dish with the three previous starters 25

Organic vegetables

We work with small farmers from Cantabria and Navarra. We only have seasonal vegetables.

VERDURITAS DE LA SEMANA seasonal vegetables of the week sauteed with purple garlic from Colmenar de Oreja, chips and baked organic egg 24

MENESTRA DE VERDURAS mixed vegetables Riojana style 23

ESPINACAS A LA CATALANA spinach Catalan style with raisins and crunchy almond 19

Classics

MACARRONES CARMENCITA, grilled macaroni with artisan pasta from Humilladero, Málaga, with creamy organic chorizo bechamel 21

FILETES RUSOS Russian steaks with Spanish rubia sauce and French fries 24

PIMIENTOS RELLENOS DEL DÍA: stuffed peppers of the day: organic lamb shoulder from Polaciones, from Chencho, with blonde sauce and rice from La Albufera or organic veal zancarrón with potatoes and piquillo pepper sauce 25

ALBÓNDIGAS DE TERNERA ECO organic veal meatballs with Spanish rubia sauce, made with onions, carrots, white wine, garlic and leeks 22

CALLOS A LA MADRILEÑA organic grilled tripes madrilean style with organic egg from Pedaque or white rice from Valencia 25

TAQUITOS DE HÍGADO organic beef liver bites with onions, 19th century version 25

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Organic fried eggs

From free-range hens raised by Guillermo in Pedaque. Served with chips

CON CHORIZO ECOLÓGICO with fried organic chorizo 23

CON MORCILLA ECOLÓGICA wick organic black pudding from Villarcayo, Burgos 23

CON PALETILLA IBÉRICA of Montechico 28
WITH ALL THREE 26

Rices from La Albufera

ARROZ MARINERO seafood rice, dry or soupy, with rice from Calasparra, calamari bites and monkfish cubes 25

ARROZ CON VERDURITAS to the skillet, as it was eaten in the houses when there was no rush 25

Organic chicken

TIRAS DE PECHUGA DE POLLO grilled chicken breast with herbs 27

POLLO EN PEPITORIA, a classic recipe from Madrid, chicken stew with a sauce made with almonds, onions, white wine and saffron 26

Our shepherds' recipes

Rafa, from Bejes (in Picos de Europa)

CABRITO A LA CAZUELA kid goat casserole style 33

CHULETILLAS FRITAS fried chops with french fries 26

PALETILLA DE CABRITO roasted kid goat shoulder Lebaniego style with baker potato 27

High mountain veal

From Siete Valles de Montaña, the first organic veal cooperative in Cantabria

ESCALOPE DE TERNERA breaded veal cutlet with chips and salad 27

BISTEC DE TERNERA thin organic veal steak served with fried organic egg, salad and chips 26

TIRAS DE LOMO DE TERNERA organic beef entrecote with Cabrales cheese sauce, from Asieugu cheese farmer, on the side 28

Fresh fish from Santander

“We get up early and choose, bid and buy the best pieces in Santander’s fish market every morning”

BONITO DEL NORTE longfinned tuna in a homemade tomato sauce or in a classic onion roasted recipe from Santander 28

LOMITOS DE MERLUZA small dices of hake battered with egg and fried in olive oil 26

LOMO DE MERLUZA grilled small dices of hake with vegetables and potato rounds 26

TAQUITOS DE RAPE O DE MERLUZA small breaded dices of monkfish or hake with french fries 26

RAPE grilled monkfish or battered with egg and fried in olive oil. With vegetables and potato rounds 28,5

ZARZUELA DE PESCADOS DE LA LONJA Fish zarzuela with baked potato 28